

Have you been detained under the Mental Health Act?



Your Voice Counts is a local charity that supports people to be more involved in important decisions about their health, social care and treatment.

If you have been detained under the Mental Health Act, a Your Voice Counts Independent Mental Health Advocate (IMHA) may be able to help you.

What do we do?

We can work with you to help you understand your rights, your medication and treatment options and discharge plans.

We can come with you to meetings, tribunals and appeals and help you ask questions about your situation and what will happen next.



Our service is independent, free and confidential.

Contact us to find out about being supported by a Your Voice Counts IMHA Advocate

 0191 478 6472

 yvc.uk@nhs.net

 www.yvc.org.uk