



YOUR VOLUNTEERING COUNTS!

Become an Activity Support Volunteer

Help people with a learning disability/autistic people to feel less isolated and make friends.

ABOUT THE PROJECT:

We are looking for volunteers to help our participants to build their skills & confidence to socialise and make friends.

WHAT WE ARE LOOKING FOR:

Volunteers who are happy to support our participants to:

- ✓ help organise get togethers, activities and access the community.
- ✓ helping with practical tasks at sessions, such as writing, reading and communication.
- ✓ help with travelling to and from places and learn new routes.
- ✓ matching up volunteers to those with similar interests.
- ✓ helping participants who wish to volunteer, to get involved in the project.

This is a fun way to help others get involved in their community. You could help set up a board game, cinema or a pool group or help on a day trip to an art gallery or museum, go for a walk and help participants to become more active, or help to run some art sessions and get creative.

OUR IDEAL VOLUNTEERS:

We would love to hear from people who:

- ✓ have a friendly & positive outlook.
- ✓ be open to talking to people
- ✓ have good communication & listening skills.
- ✓ be kind, helpful & caring.
- ✓ be passionate about making a difference to the lives of others

An enhanced DBS check & 2 references are required to volunteer for this role.

WHAT WE WILL OFFER YOU:

- ✓ friendly & supportive experience.
- ✓ 1 to 1 personalised support.
- ✓ meet other volunteers and people.
- ✓ training & certificates.
- ✓ endorsement on LinkedIn.
- ✓ references after 3 months volunteering.

WHEN: flexible: one off or more regular such as weekly, fortnightly or monthly.

WHERE: South Tyneside area - South Shields, Jarrow and Boldon.

For more information please contact us on: **0191 478 6472** or: **volunteers@yvc.org.uk**.
Or visit our website: **www.yvc.org.uk** for an application form.

