



**Bake a difference!**

**Your volunteering counts!**

## Support our cooking classes!

**Your Voice Counts** provides *weekly cooking classes* to enable people with learning disabilities and autistic people to develop their skills and increase independence in the home.

**What we need:** volunteers to support small groups with reading recipes, meal preparation and cooking, help to set up the room and clear up dishes/tables. Our ideal volunteers will have basic cooking skills, have a friendly and positive outlook and be good at encouraging others.

**What you will receive:** you will get training and certificates relevant to your role e.g. food hygiene, disability awareness. You will meet other volunteers and get 1 to 1 support, endorsement on LinkedIn and references can also be provided. This is a very rewarding and fun role and a great way to build your own skills and confidence.

**When:** weekly on Mondays 9.30am - 12.30pm & 1.30pm—4.30pm

**Where:** St Mark's & St Cuthbert's Church, Quarry Lane, S. Shields, NE34 7NP

For more information please contact us on 0191 4786472 or [volunteers@yvc.org.uk](mailto:volunteers@yvc.org.uk) or visit [www.yvc.org.uk](http://www.yvc.org.uk) for an application form.

