**Trigger list in identifying Children, Young People and Adults who could be in crisis**

In order to support people in the best way possible we need to be able to identify children, young people and adults (including those with a learning disability and or autism) who could be at risk of admission to hospital and/or breakdown of present support. Completing the below list will help us identify those at risk and determine the best next steps for their support.

**1. Name 2. ID Number**

**3. DOB 3. Placement address**

**4. Is there significant risk of current placement breakdown within the next month?**

**5. Do you / the individual / the family have concerns about the viability of the current support plan?**

**6. Does the person have a learning disability and or autism?**

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| --- | --- | --- | --- | --- |
|  | Triggers in early identification of children and young people or adults who are at risk of requiring a residential placement, or admission to a hospital or secure setting are: | Yes | No | Comments |
| 1 | Significant life events and/ or change such as bereavement or abuse |  |  |  |
| 2 | Pain or distress from physical health issues (both diagnosed and undiagnosed |  |  |  |
| 3 | Relationship issues which is related to attachment issues |  |  |  |
| 4. | Placement has given notice of eviction |  |  |  |
| 5 | Psychological counselling has brought to the surface difficult emotions about rejection |  |  |  |
| 6 | Eating disorder issues or self-harm |  |  |  |
| 7 | Relapses of aggressive behaviour, both physical and verbal |  |  |  |
| 8 | Low mood and withdrawn |  |  |  |
| 10 | Anyone subject to the assessment of the Mental Health Act |  |  |  |
| 11 | Being in contact with the Criminal Justice System |  |  |  |
| 12 | Presenting significant behavioural challenges. |  |  |  |
| 13 | Being supported in an unstable environment or by a changing staff team |  |  |  |
| 14 | Presenting ‘in crises at Accident & Emergency Departments |  |  |  |
| 15 | Having unknown drug and alcohol addiction problems. |  |  |  |
| 16 | Having no effectively planned transition from child to adult services |  |  |  |
| 17 | Being placed in specialist ‘52-week’ residential schools and away from friends and family |  |  |  |
| 18 | Having recently been discharged from long stay residential care beds |  |  |  |
| 19 | Multiple unsuccessful foster placements |  |  |  |
| 20 | Where someone is placing themselves or others at serious and/or significant risk of harm |  |  |  |
| 21 | Where the individual’s residential placement is at risk of irretrievable breakdown and where this would pose a significant risk to the safety of the person and/or others |  |  |  |
| 22 | Where hospital admission is being considered as an option |  |  |  |
| 24 | Any others. |  |  |  |