



Your Volunteering Counts! Become a Community Support Volunteer

Help people with a learning disability and autistic people get more involved in their community.

About the project:

We are looking for volunteers to help people to feel less isolated, make friends and try new social activities! This is a rewarding way to help people to build their skills & confidence to socialise by facing their barriers and learning how to be more independent.

How can you help?

- ✓ help organise activities & social groups e.g. photography, cinema, women's/ men's group.
- ✓ help with practical tasks at sessions, such as writing, reading and communication.
- ✓ help people to learn new travel routes on public transport.
- ✓ match up with volunteers with similar interests to yourself.
- ✓ helping people with lived experience, who wish to volunteer.
- ✓ general support and social chats.

What we will offer you:

- ✓ friendly & supportive experience.
- ✓ training & certificates.
- ✓ references after 3 months

Our ideal volunteers:

We would love to hear from people who:

- ✓ have a friendly & positive outlook.
- ✓ have good communication & listening skills.
- ✓ are kind, helpful & caring.
- ✓ are passionate about making a difference to the lives of others.
- ✓ experience desirable but not essential as training will be given.

A DBS check & 2 references are required to volunteer for this role.

When: weekly, fortnightly or monthly

Where: South Shields, Jarrow, Boldon and Gateshead.



Community Support Volunteer, Ricky says "I like helping people and have made friends who I help at the drop-in. I give them a lift. I was quiet at first, but YVC has boosted my confidence."

For more information contact us on **0191 478 6472** or **volunteers@yvc.org.uk**.

Please visit our website: **www.yvc.org.uk** to make an enquiry.