



Your Volunteering Counts! Become a Drop-in Volunteer

Help people with a learning disability and autistic people to feel less isolated and make friends!

About the project:

We are looking for volunteers to chat and socialise with participants at our weekly drop-in sessions, based in South Tyneside and Gateshead. This is a fun and rewarding way to help people to socialise in their community.

Volunteers who are happy to:

- ✓ socialise with participants in a group setting and 1 to 1 setting.
- ✓ help with tasks, such as filling in forms, reading letters or helping make a phone call (optional).
- ✓ help participants who wish to volunteer, to get involved in the project by offering prompts and guidance.
- ✓ help with one off activities and sessions that run alongside the drop-ins e.g. arts & crafts, financial support, health awareness, day trips.

What we will offer you:

- ✓ friendly & supportive experience.
- ✓ personal & professional development.
- ✓ training & certificates.
- ✓ references after 3 months.

Our ideal volunteers:

- ✓ have a friendly & positive outlook.
- ✓ have good communication & listening skills.
- ✓ are kind, helpful & caring.
- ✓ are passionate about making a difference to the lives of others.

A DBS check & 2 references are required to volunteer for this role.

When: weekly - Mondays/Fridays in Gateshead & Wednesdays/Thursdays in South Tyneside.

Where: South Shields, Jarrow, Boldon and Gateshead.



"Excited and brilliant are the best words that I can use in expressing how I feel (about volunteering at YVC)."

For more information contact us on **0191 478 6472** or: **volunteers@yvc.org.uk**.
Please visit our website **www.yvc.org.uk** to make an enquiry.